

# INK

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Saying goodbye to Regina's old Exhibition Stadium  
See page 7 for full story



Hockey player Brooks Ross recalls time spent with teammates and family at the site of the Exhibition Stadium. Demolition began on this piece of history on Jan. 17. Photo by Michaela Solomon.

## Women's Marches show solidarity around the world

By Janelle Blakley

Hotels in Washington, D.C. were all booked up for inauguration weekend, but not everyone was in town to see President Donald Trump take over the White House. The Women's March on Washington, which took place on Saturday, drew an estimated crowd of 470,000 people.

Darlene Juschka, head of the women's and gender studies department at the University of Regina, said the march aimed to stand up against the negative tone of Trump's presidential campaign.

"(Trump) has shown himself to be very dismissive and disrespectful of women, of people of colour, of queer folks, intersex folks, anyone who is not a standard white guy really is marginalized in his rhetoric," said Juschka.

The movement hoped to bring together men and women of all backgrounds to stand in solidarity with those who feel their rights may be jeopardized under President Trump.

"It shows Donald Trump that these are American citizens who are

concerned about his presidency, and concerned about his actions towards them. When you have a mass of people show, that speaks volumes in terms of what they are saying," said Juschka.

Sister marches were held in cities worldwide, including in a number of Canadian cities.

Alice de Cloedt was one of the organizers of the march held in Saskatoon on Saturday, where over 500 people gathered. She was inspired to act by President Obama's farewell speech. The speech called on people to be part of their communities and to be global citizens.

When de Cloedt realized there wasn't a march organized anywhere in Saskatchewan, she thought it was time to get involved.

Another reason de Cloedt decided to march is for her young child.

"I'm eager for my child to grow up in a world where gender does not dictate how he thinks and how he feels, and how he acts, and how he works or what he works at, or what he's expected to do," she said.

De Cloedt believes Canadian involvement is part of being a good

neighbour. "I think it's important to show solidarity to the United States in a time where things are so uncertain," she said.

Organizers in Ontario sold out the eight buses they organized to attend the demonstration in Washington.

The crowd at the march in Wash-

ington has been estimated by crowd scientists at three times larger than the audience for Trump's inauguration, according to a New York Times report. This estimate is disputed by the Trump administration.

@janelleblakley



Darlene Juschka, head of the women's and gender studies department at the U of R, says the Women's March on Washington pushes the notion that women's rights are human rights. Photo by Janelle Blakley.

# Dugouts: a possible solution to offset greenhouse gases

By Brenna Engel

University of Regina researchers seeking to discover whether farmer's dugouts can offset greenhouse gases have received a funding boost from the province.

Saskatchewan agriculture minister Lyle Stewart announced on Jan. 12 that Saskatchewan's Agriculture Development Fund will receive over \$7 million this year to support 46 agriculture research projects.

"This keeps us ahead of the game, it costs a little money but it's money well spent," said Stewart at a press conference in Saskatoon.

According to the Saskatchewan government's website, the development fund was created to spark research that will help farmers and ranchers become successful.

U of R biology professor Kerri Finlay will be working on the project, titled Tools for Carbon Neutral Farming: the Role of Dugouts in Greenhouse Gas Capture. The researchers will receive \$255,030 from the \$7 million fund.

"We know that there is a huge return to the (agricultural) industry and it keeps us competitive in world markets," Stewart told the media.

According to Finlay, a dugout is a manmade body of water that farmers dig out for various reasons, mainly to



U of R biology professor Kerri Finlay is working on a project investigating the possible benefits of dugouts. Photo by Brenna Engel.

prevent flooding. Initial findings have suggested that dugouts pull in carbon dioxide from the atmosphere.

"We think that there is the potential to use these already existing dugouts....farmers could use (dugouts) to offset greenhouse gases," said Finlay.

The objectives laid out by the research project are to measure the volume of greenhouse gases captured (or released) by dugouts, what would be the best way to manage these dugouts,

and to compare results throughout the different seasons.

Finlay notes that these dugouts could be producing methane and other harsh greenhouse gases; if that's the case, then these will not offset gases. At this early stage it is unclear whether or not a solution will be found or more problems discovered.

The researchers have three years to complete their research. Finlay said if the results look promising it will take

several years for them to get to the point where dugouts could be used as official offsets.

Finlay said a positive finding could help farmers once the carbon tax is enforced in 2018, by giving them an offset against the tax. However it could be years after the carbon tax is put in place before the results are ready.

@BaBrenna

## URFA president says possible wage freeze is a contradiction



Dennis Fitzpatrick says the government's directive not to increase compensation will frame upcoming negotiations. Photo by Katie Doke Sawatzky.

By Katie Doke Sawatzky

A union president at the University of Regina is concerned about a recent provincial government directive to freeze public sector wages.

"Basically, they've said, 'You gain no more money. If you pay people, you're going to have to lay people off,'" said Dennis Fitzpatrick, president of University of Regina Faculty Association.

On Friday, Jan. 13, the Government of Saskatchewan sent a total of 40 letters to public employers, including the Public Service Commission, Crown corporations and service pro-

viders in education and health.

One letter was sent to school board chairs from education minister Don Morgan. "All public sector employers are expected to ensure that there are no increases to the total cost of employee compensation as a result of any ongoing negotiations, or negotiations for contracts yet to expire," Morgan wrote.

The reason for the directive is the "very challenging fiscal situation" the province is facing, according to the letter. In a mid-year financial update in November, the government announced a forecasted deficit of \$806 million, double what was previously

projected.

Fitzpatrick teaches chemistry and biochemistry at the University of Regina. This is his third year as president of URFA. He's aware of the letters and said the wage freeze sends a mixed message about the value of education.

"On one hand you've got government data telling us that university education is really, really good because we create people who go out and get really good jobs and pay lots of taxes, and on the other hand you say, 'Well, we can't afford it.' So I'm kind of caught in the contradiction," he said.

URFA is the bargaining agent for 1,400 academic and APT (administrative, professional, and technical) employees at the university. The organization begins bargaining meetings in the spring. Their current contracts expire on June 30.

Fitzpatrick said it's not about just getting more money. He said URFA cares about human equity and occupational health and safety, "the whole gamut of activities which look out at the environment that not only our members work in but the students learn in."

The letter says compensation costs will remain the same in the government fiscal year of 2017-2018. "Negotiations need to commence immediately in order to achieve these goals for in scope employees prior to April 1,

2017. There may be a need to consider such things as freezing in range increments, general wage increases and performance/bonus pay, for both in and out of scope employees in order to meet the requirement to contain and control the total cost of public sector compensation," it states.

URFA didn't receive a letter from the government, but as the organization heads into bargaining in the spring, Fitzpatrick said the letters send a clear message: "The government's directives will frame negotiations."

The University of Regina administration was unable to comment at press time.

Out of the 40 letters sent by the government, five were sent to organizations in the education sector, including Northlands Regional College, Sask Polytechnic, and the southern regional colleges.

CUPE 5791 represents support staff who work at the U of R, such as janitors, security and other front-line staff.

President Jamie Mellor wouldn't comment on the possible wage freeze. "We are at the negotiating table and need to remain in good faith," she said in an email.

@kdokesawatzky



# Francophones wary of O'Leary



Michael Poplyansky takes time between lectures to discuss Kevin O'Leary's candidacy for Conservative party leadership. Photo by Cory Coleman.

By Cory Coleman

Canadian businessman and celebrity investor Kevin O'Leary has officially declared his candidacy for the Conservative Party of Canada leadership, but it comes with controversy.

O'Leary is the chair of O'Leary Financial Group and founder of O'Leary Funds, but he's best known as the cut-throat investor on CBC's *Dragon's Den* and ABC's *Shark Tank*. The announcement comes after months of speculation and criticism of current prime minister Justin Trudeau and the Liberal government.

Shortly after the announcement, which came on Jan. 18, 2017, O'Leary told CTV's *Your Morning* that he's focused on bringing jobs to Canadians between the ages of 18 and 35, whom he referred to as his "army of entrepreneurs," as he feels they've been let down by Trudeau.

O'Leary promised to dig Canada out of the debt he said he feels Trudeau is contributing to, and emphasized using Canadian oil rather than importing oil from Saudi Arabia. O'Leary hasn't outlined his definitive stance on immigration, which is a hot topic among Conservative leader hopefuls.

O'Leary is often compared to Donald Trump because of their similar backgrounds in business and reality television. Similar to Trump, O'Leary

often communicates via social media and is known for making controversial statements, but he has an opposite stance on NATO. O'Leary said Canada is underfunding NATO and should be helping more, whereas Trump has publicly referred to NATO as "obsolete."

The timing of O'Leary's announcement, and his inability to speak French,

**"It's throwing a loose cannon into an already crowded room."**

Jim Farney

has sparked controversy among Conservative leader candidates. O'Leary made the official announcement a day after the first French-speaking debate among potential Conservative leaders, which took place in Quebec City. Conservative leader hopefuls Maxime Bernier and Saskatchewan MP Andrew Scheer have criticized O'Leary for missing the debate and not being able to speak French.

According to Michael Poplyansky, a lecturer at La Cité at the University of Regina, O'Leary's inability to communicate in French is an issue for many francophone Canadians as well. "Personally, I don't think it's going to work for Mr. O'Leary," said Poplyansky. "I think the Conservatives are smart

enough to know that if they want to win an election in Canada, they've got to have a leader who's bilingual."

If O'Leary were to win the Conservative leadership, Poplyansky said he can't see himself voting for a prime minister who isn't bilingual. Poplyansky said having a prime minister who speaks English and French promotes bilingualism. "If our prime minister

isn't bilingual, why should other Canadians become bilingual?" said Poplyansky.

Jim Farney is a political science professor at the University of Regina, and he shares some of Poplyansky's sentiments. "Under the rules of the race, for all intents and purposes, a quarter of the votes are in Quebec and not speaking French almost ranks you out of those" said Farney. A language barrier isn't the only obstacle for O'Leary, according to Farney.

"I have trouble seeing him being successful. In part I think because he'd end up being a fairly polarizing leader, and in parliamentary politics that's a problem," he said.

"It's throwing a loose cannon into

an already crowded room," Farney added.

O'Leary has admitted he can't speak French fluently, but says he's working with a tutor. Another Conservative leadership candidate, Lisa Raitt, has launched a website called [stopkevinoleary.com](http://stopkevinoleary.com).

O'Leary said social media support influenced him to enter the Conservative leadership race.

The next debate is scheduled for Feb. 28, 2017 in Edmonton, Alta.

@cmcolemanSK

## Other Conservative party leadership candidates:

Chris Alexander  
Maxime Bernier  
Steven Blaney  
Michael Chong  
Kellie Leitch  
Pierre Lemieux  
Deepak Obhrai  
Erin O'Toole  
Rick Peterson  
Lisa Raitt  
Andrew Saxton  
Andrew Scheer  
Brad Trost

*“Walking into this you know it’s a fickle business. It’s not show business, but it’s a fickle business.”*

JILL SMITH



Two afternoon radio hosts are out of work after a program revamp at 980CJME. Photo illustration by Kyrsten Stringer.

## Waves of change at 980 CJME

By Kyrsten Stringer

Two afternoon radio hosts are out of work after a program revamp at 980CJME, where Saskatchewan Afternoon with David Kirton and The Green Zone are taking over the time slot previously occupied by MainStreet with Jill Smith and Dave Arnold.

MainStreet co-host Jill Smith said that the show’s cancellation was unexpected, but that it also aired at a time of day that sees less traffic than other shows.

“When (people) turn on their radio, when are they usually listening? First thing in the morning or on their drive home,” Smith said. “(MainStreet) was never going to be a flagship show.”

**“I don’t just listen. I phone in.”**

Tanya Gattinger

Jay Stone, program director at CJME, was not available for an interview. He responded with an email statement that CJME is excited about its new afternoon line up, starting Jan. 18 2017. Saskatchewan Afternoon takes the air from 1 p.m. to 3 p.m., and then it’s the Green Zone with Jamie Nye the Sports Guy from 3 p.m. to 6

p.m.

“David’s show will keep you up to date in the fast paced world of breaking news,” Stone wrote. “Jamie takes on the big sports stories of the day as well as the hot topics everyone is talking about.”

**“Journalism is changing. When people figure out what social media and online can do we’ll see that change result in more jobs in the long run.”**

Merelda Fiddler

Listeners of CJME took to Facebook and Twitter to share their thoughts. While some people support the decision to end MainStreet in favour of other programming, fans of

the show are disappointed.

“My favorite two hours of 980. You’ll still have me for the news but I won’t be tuning in for that time slot anymore. I enjoyed the female presence and the modern approach to radio and our times. I’ll miss you Jill and Dave,” Maeribeth Sullivan said on CJME’s Facebook. Other fans, in-

cluding Tanya Gattinger, want to know where they will be able to listen to Jill and Dave in the future.

Gattinger said that listening to MainStreet was something that she looked forward to every day. She listened when she lived in Neudorf. She

listened when she lived in Estevan. She listened when she lived in Maidstone and when she lived in Yorkton.

Gattinger, who was inspired by Smith and Arnold to reach out and be more proactive in her community, said the hosts leave big shoes to fill.

“I don’t just listen. I phone in,” said Gattinger. “Being students we have to write a lot of diverse papers on racism, on poverty, on inequality. They’ve actually helped me find articles and sources just by listening and then I google who they’re talking about and I can write a paper off of them. They’ve helped me along with my academic success, too.”

Merelda Fiddler, former producer with CBC and current Dallas Smythe Chair at the University of Regina Jour-

nalism School, said that there’s a trend towards industry contraction instead of expansion.

“Everyone’s trying to build the greatest amount of listeners, because we know that the number of people listening to radio is decreasing overall.

The number of people watching traditional television is decreasing overall. A lot of that has to do with our cell-phones,” said Fiddler, who looks forward to a future where there are more announcements symptomatic of a growing media industry. “Journalism is changing. When people figure out what social media and online can do we’ll see that change result in more jobs in the long run.”

Smith is currently in negotiations elsewhere to continue her journalism career. Co-host Dave Arnold declined an interview.

@StringKy



# Regina bakery donates food to those in need

By Rebecca Marroquin

While most restaurants and food shops in Regina throw away their left-over food, some give it away to local charities.

COBS Bread, a bakery shop with a south and north location in Regina, donates fresh bread at the end of the day to charities and organizations in need.

Some of the organizations that accept these donations include Souls Harbour Rescue Mission, Sofia House, Regina Normanview Daycare and Rainbow Youth Centre.

Kayla Harrigan, sales manager at the grasslands location, said at the end of the day the staff fills up as many donation bins as they can and take home whatever bread is left.

"I like it because we're not wasting anything. And I know that there are a lot of hungry people in Regina who may not be able to afford some of our bread. Being able to give it to charities is just a nice thing that I like to do," she said.

Since 2008, food bank use in Saskatchewan has increased by 76.9 per cent, according to the HungerCount 2016 report. In March 2016, over 31,000 individuals in Saskatchewan were assisted by food banks, and 45.2 per cent of them were children.

Cara Steiner, director of Normanview Daycare in Regina, said COBS helps feed approximately 110 children breakfast and lunch every day. With an already tight budget, the donation helps the daycare save roughly \$150 per week, which is then invested into programs, wages, and toys for the kids.

"I really appreciate that they're willing to give back to the people around them," said Cara.

"It would be really cool to see more companies in Regina giving back to different non-profit organizations. I think that there are a lot of people in Regina who could benefit from it," she said.

On average, Canada wastes \$31 billion worth of food each year according to a most recent report by Value Chain Management International. Research shows Canada is trailing behind other countries when it comes to addressing food waste. For example, in France, it is illegal for supermarkets to waste food.

In Canada, however, stringent food safety rules may encourage food waste.

According to the Canadian Food Inspection Agency, Canada's Guide to Food Safety is based on the Recommended International Code of Practice – General Principles of Food Hygiene, which protects the consumer from illness or injury caused by food consumption.



**Kayla Harrigan serves a customer at COBS Bread Shop in Regina. The bakery is one of few food shops that donates unsold food to local charities. Photo by Rebecca Marroquin.**

Vigorous cleaning procedures and methods must be followed during the production, handling and distribution of food. Food operations in Canada must adopt policies that comply with Canadian food legislation and, in most cases, that means throwing out leftovers.

But a few businesses like COBS have found ways to meet the rules and still donate food to places that need it. Harrigan even claims that profits have increased because of the support they receive from their food donations. She encourages businesses who are able to donate to invest in doing so.

@becamarroquin



**COBS Bread Shop sells a wide variety of baking and desserts. Photo by Rebecca Marroquin.**





Seven Stones Community School embraces community to foster reconciliation. Photo by Jennifer Ackerman.

# Regina school tackles reconciliation

By Jennifer Ackerman

For many, the word 'education' stirs fond memories of childhood friends, field trips and goofing off in school hallways but, for many others, it means painful memories of isolation, oppression and abuse.

Today, Indigenous communities are still experiencing the devastating effects of residential schools. Seven

Stones Community School, located in Regina's North Central neighbourhood, is working to redefine education for its students and their families.

Ninety-five per cent of students who attend Seven Stones are self-declared as Indigenous, which includes First Nations, Métis and Inuit.

"With that comes the understanding that residential school has impacted these kids ... that there are historical traumas that are definitely still playing

themselves out and school wariness that's still playing itself out from the adults in the community that have not had good schooling experiences," said principal Jay Fladager.

Fladager said Seven Stones was designed to be a voice for the community, "but also a new hope for what education could provide." One of the school's main goals is to listen to community members and let their voices inform the programs and experiences Seven Stones offers the students.

In addition to the regular school curriculum, Seven Stones has an Elder-in-residence program, Métis cultural exchange program and a cultural arts program that incorporates Cree, Michif and Indigenous studies. As well, students can learn fiddling, jigging, drumming and other traditional Indigenous practices.

Instead of traditional classrooms, the school has a variety of learning spaces that range in size and style. Large windows flood the school with natural light, shared tables instead of desks fill the learning spaces, and a large, living room-like shared space takes up a big portion of the first floor, which creates a welcoming and comfortable place for students.

Fladager said an emphasis is placed on hands-on, inquiry-based learning.

"We're not really doing them a service, preparing them for real world things, if we have them sitting in a desk completing textbook assignments that really aren't very engaging or passionate or reflective of who they are or who they are going to be in the future," said Fladager.

The school also organizes events to honour the parents. The goal is to empower the community and debunk the stereotype that North Central is impoverished, with little to offer.

Fladager said the school doesn't "define the population here as vulnerable. It defines the fact that we are a community with assets and these kids and families come with many assets that we need to help support and find the passions behind."

School staff encourage families to get involved with the school as much as possible. Fladager said parents drop in daily to check in, ask for advice and get support.

Fladager said the community-based approach has increased attendance, community engagement, literacy and numeracy rates, and the overall happiness of the students.

Jolene Siemens is a learning resource teacher at Seven Stones. She works with students who have different needs, or need to set different goals other than report cards to engage in learning. She enjoys the collaborative approach to teaching and believes schools play a significant role in reconciliation.

"I think really any school has a huge role in reconciliation because we present a fear, schools present a fear to people who have been through residential school, so to acknowledge that fear and combat it by bringing them in, in positive ways is a big part of what school should be," said Siemens.

@JenAckermanYQR



Jolene Siemens helps cater to individual students' needs as a learning resource teacher. Photo by Jennifer Ackerman.



# Remembering Regina's jack of all trades: the old Exhibition Stadium

By Michaela Solomon

As Regina folks look forward to the new state-of-the-art Mosaic Stadium, a smaller venue, rich in Saskatchewan history, has hosted its last game. Demolition began on the Exhibition Stadium on Jan. 17.

The old Exhibition Stadium was home to hockey and curling games, the circus, international musicians and a century's worth of memories. Also known as the Queen City Gardens, the stadium was a popular venue for community activity in its prime.

"I think you have to be of a certain vintage to really appreciate what it was," long-time Regina Leader-Post sports writer Rob Vanstone explained. "Once upon a time NHL teams would hold their training camps and exhibition games here, so Rocket Richard played there."

But you didn't even have to be a part of the sporting community to have enjoyed the old stadium. Vanstone said. "The greatest of the greats played at Exhibition Stadium irrespective of the sporting context: Buddy Holly, and Louis Armstrong. There was public skating in the evenings, curling events, you name it!"

"Before it evolved into the stadium there was a large complex there... soldiers that were in training and en route to battle in the First World War were lodged there," Vanstone recalled.

Vanstone also cherishes the mem-

ories he made in the stadium alongside his late father. "I think everyone has their own personal stories, mine is a bit sappy," Vanstone said. "My father was the organist for the Regina Pats... beginning in October of 1971."

"Those were great memories. I lost my dad in 1982; I was only 18. But that was one of the things I really enjoyed sharing with him. Dad would play the organ in his little green booth in the far end of the stadium, and I would sit in a folding chair in the door of the organ booth and watch the games. That's something that's so closely associated with someone I've been missing for nearly 34 years."

Vanstone gave some context to the popularity of the stadium. Prior to the Regina Pats shifting gears to the then-new AgriDome, now the Brandt Centre, in 1977, the Exhibition Stadium was a favoured local stomping ground. "Those were the days too where there weren't a lot of options," said Vanstone. "There weren't mobile phones, and there were only two TV stations in town: CKCK, and CBC. So I think you had to actively pursue entertainment options a lot more than you do now, when you can just be a slug and watch TV programs on your phone."

"The one thing I do remember about it was that it had a distinct odor of horses in it, even in the winter," said Gilles Choquet, who played defense for the Regina Pats from 1977-78. "It was one of those rinks that other hockey teams didn't want to come play in, because when you have a rink that

had character like that, the home team usually has an advantage," Choquet recalled.

Twenty-one-year-old hockey player Brooks Ross offers a more recent perspective on the old barn. "Early morning practices in the winters, steam would be on the ice, and it would smell of cow poop. But it was a great rink with a lot of character," Ross

said. "I can also recall sneaking in the back doors of the building to get into the swamp at the end of Agribition. The swamp wasn't much but a bar underneath the stairs but it also had a lot of memories."

@MichaelaYQRNews



Local hockey player Brooks Ross recalls memories made at Regina's Exhibition Stadium. Photo by Michaela Solomon.



Demolition began on the old Exhibition Stadium on Tuesday, Jan. 17. Photo by Michaela Solomon.



# Honda's \$50,000 dollar party trick



The new 2017 Honda Ridgeline RTL-E in Regina Honda's showroom. The box of the truck comes with many features specific to the Ridgeline, most notably the new Honda Truck Bed Audio System. Photo by Josh Diaz.

## By Josh Diaz

Have you ever been to a tailgate party and your cheap \$10 radio just isn't good enough to keep the party going? Lucky for you, Honda has the perfect solution to your problem, and it only costs \$50,000.

duces a clear, crisp sound out of the bed of the truck, all while being waterproof and completely out of the way, tucked behind the bed lining.

"This is the ultimate luxury tailgating truck," said Regina Honda representative Hailey Clark. "People have a tendency to associate the domestic truck brands with tailgating. We're

of their arrival.

The audio exciter, or tactile transducer, has been around almost as long as the speaker, over a century. While certain companies such as Dayton have utilized the audio exciter for household and home theatre applications, Honda is the first auto maker to make it a feature on a vehicle. Currently,

either needs to be turned off, or the truck needs to be turned on to charge the battery. The Truck Bed Audio System also comes with an AC power outlet in the bed of the truck. When the truck is off the outlet can deliver up to 150 watts, enough to power a TV. When the truck is on, the outlet can deliver up to 400 watts, enough to power a blender.

@joshdiaz4

"I can see this really catching on, especially in Saskatchewan."

- Nikki Lablanc

Back from a three-year hiatus, the new 2017 Honda Ridgeline pickup truck has already made it to the showroom floor at Regina Honda on North Broad Street. While the truck boasts many unique features such as independent rear suspension, unibody construction, and a front-wheel drive option, there is one feature that stands out among the rest. That is Honda's new Truck Bed Audio System.

The Truck Bed Audio System is comprised of six small electronic units called "exciters," located in pairs behind the side and back box panels. Much like how a speaker vibrates a cone to create sound, the exciters in this system do the exact same thing, only instead of vibrating a cone, they vibrate the bed of the truck to create sound. The result is a system that pro-

hoping this feature changes that, especially with the truck's new redesign."

"I can see this really catching on, especially in Saskatchewan," said truck enthusiast Nikki Lablanc. "I just wish this technology was available to buy by itself, so you don't have to buy a whole new truck for one cool feature."

While Honda's Truck Bed Audio System is an interesting feature, it does come at a price potentially out of the reach of some would-be tailgaters. A base model 2017 Honda Ridgeline cost \$36,590, with the Truck Bed Audio System only being available on the RTL-E and Black Edition, priced at \$47,090 and \$48,590 respectively. While the price may be high for some, Regina Honda has done well with their Ridgeline lineup so far, selling all three they ordered within the first few weeks

there are no companies that have announced plans to offer an aftermarket automotive tactile transducer-based audio system. This is most likely because of the amount of engineering it takes to get an exciter to function effectively, and to produce clear sound in a given space.

To prevent the Ridgeline from becoming a noise violation on wheels, the system can only be initiated when in park, and shuts off when the vehicle reaches 16 kilometers per hour. This is to allow owners to move the truck short distances without having to constantly re-initiate the system, but prevents the truck from being driven down the streets while blasting music.

Honda's Truck Bed Audio System has a three-hour battery life before the truck warns the owner that the sound

## Purpose Built

The new 2017 Honda Ridgeline appears as if it was designed to be the ultimate tailgating vehicle. Aside from the Truck Bed Audio System and AC plug in, the Ridgeline also comes with other features sure to keep your inner tailgater happy, such as:

- Additional in-bed storage.
- Dual action tailgate.
- Optional AWD System
- Optional bed canopy
- Flat folding second row seats



# Local fashion designer makes it to London Fashion Week

By Madina Azizi

As a young entrepreneur, Helen Oro went from running a nail shop in Chitek Lake, Saskatchewan, to taking part in one of the most famous and awaited fashion runways; London Fashion Week.

"It has always been on my bucket list ever since I got into fashion," said Oro. "Being able to check those off my bucket list is pretty amazing. It's surreal."

Oro is a clothing and accessory designer and has her own fashion line, Helen Oro Designs Inc. She is mostly known for her beaded accessories.



Helen Oro, a Saskatoon based fashion designer, is attracting attention for her traditional Indigenous designs. Photo courtesy Helen Oro.

than that. Oro started beading five years ago. She says that beading is a very important part of the First Nation culture.

"Beading is like a form of prayer for us. A lot of the designs, patterns and what we use all have meaning," said Oro. "Beading mainly teaches you patience." Oro added, explaining that making each piece is very time consuming.

show their work. We are sharing our culture through our work," Oro said.

"The more people that know about it, the misappropriation that goes on in the fashion world will hopefully die down."

Beading is a 24hour job for Oro, as she is currently the only person that beads for her line. To meet demand, she spends nights designing, creating and shipping to customers.

people don't take you seriously. I find that I have to always be done-up and if I look even slightly sloppy then I get stereotyped a lot more," said Oro.

"I have learned to take in criticisms and grow from it. I am going to get criticized and stereotyped, that's all going to happen to me. But I know what I do and I know what I am capable of. As long as I do what I love and create opportunities for others then

"Beading is like a form of prayer for us. A lot of the designs, patterns and what we use all have meaning."

Helen Oro

The fashion designer takes traditional First Nation beading and creates designs with a modern twist. Oro designs beaded masks, headphones, high heels, earrings, necklaces and glasses.

"You can see the trend of it being traditional beading but in a modern sense and that is what I really enjoy," said regular customer Katryna Smith, who owns a pair of prescription glasses beaded by Oro.

While beading may seem to be just a hobby, for Oro it is much more

Oro is currently working by herself and personally makes each piece. "I guess what makes my pieces unique is that I make it and each of them tells a piece of my story and while making each piece, it has taught something special," she said.

Oro is frequently asked if you have to be First Nations to wear beadwork. Her answer is that the ethnicity of the person wearing beadwork does not matter. "It is important for First Nation designers to go out there and

Oro is also a mother of two children. While managing business and family at the same time is difficult, it's a matter of priorities for the fashion designer. "First things first, I am a mom. I always put that first before anything," said Oro. "I don't really know what is sleep sometimes but when you have no choice you have no choice. You got to do what you can."

For Oro, making it this far hasn't been easy, especially as a First Nation woman. "Being an Indigenous woman,

that helps."

Oro will be showcasing her beaded accessories and her statement pieces at London Fashion Week in the upcoming month. She has also claimed one of the 200 spots at The Accessories Master Accelerator Program where the industry's famous experts will mentor her for nine months and take her designs to the next level.

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# Winterruption festival brings warmth to Saskatchewan

By Caitlin Taylor

The ice melted and temperatures rose just in time for last weekend's Winterruption festival. The event aimed to lure people out of their homes during the dreary, dark days of January.

"Winterruption is an opportunity for us to remember how much we like hanging out with each other," said Sandra Butel, artistic director and CEO of

the Regina Folk Festival. "It is an interruption to your winter."

The festival, jointly presented by the Regina Folk Festival and Saskatoon's Broadway Theatre, showcased 17 groups, and more than 40 artists from across Canada and around the world.

According to Butel, hosting shows in both cities gives artists more incentive to stop in Saskatchewan – an area often skipped over in favour of larger cities like Calgary and Winnipeg.

She also cited higher turnout when events are promoted province-wide. "You impact a lot more people and therefore people really want to support it even more," she said.

Vancouver-based Said the Whale headlined on Friday, Jan. 20 at the Exchange in Regina and Saturday, Jan. 21 at Louis' Pub in Saskatoon. After taking a break in the wake of their 2013 release of their album *Hawaii*, the band is now back in full force.

Asked how it feels to be back on

the road, guitarist Tyler Bancroft said, "It feels really good. I think that the time off is something that helped in many different ways, kind of like a reset button."

The band has been working on new material. Many of the songs they played this weekend were from their newest album – *As Long As Your Eyes are Wide* – which is set to release on March 31.

The band was a bit apprehensive to attend a festival in the middle of win-



**Musician Quique Escamilla play at the Artesian on Jan. 19. His music combines Latin American rhythms with rock, pop, ska, jazz and reggae sounds. Photo by Caitlin Taylor.**

ter on the Prairies, but when Bancroft found out that the temperatures had warmed, he was relieved. "I'm happy for that; I don't do so well in minus 30. It's truly a winterruption, love it!"

Saskatchewan-born Northcote opened for Said the Whale in both Regina and Saskatoon this weekend. Frontman Matt Goud (pronounced good) moved away from Saskatchewan more than six years ago but said he is always excited to return to his home province.

"It's kind of the place that feels like home the most. There are extra nerves that come with that because you see

old friends and family, but I love coming back," said Goud.

Northcote has played shows in Europe and across North America. Goud has found that the music community is likeminded around the world.

"We have good people no matter where we go that are into our music," he said.

Goud is quick to admit, however, that encouragement is strong in his home province. "Saskatchewan support has been really loyal for us," he said. "Regina has always been underrated nationally for its music and arts."

Quique Escamilla also took to the

stage this weekend. He played a solo set between Danny Olliver and Rosie and the Riveters at the Artesian on Thursday, Jan. 19.

Escamilla grew up in Chiapas state, Mexico. His music combines Latin American rhythms with rock, pop, ska, jazz and reggae sounds. What sets Escamilla's music apart, however, is his ability to incorporate powerful storytelling into his work; stories of immigration, racism and discrimination.

"The songs are based on real stories that I either heard, lived, or saw," said Escamilla, sitting in the lobby of

the Ramada Plaza Regina. "There is a lot to say, coming from Latin America. I try to observe their stories and use it in a way that people can connect and understand from another perspective."

Like many of the artists, Escamilla was pleased when he learned that the weather had warmed up in time for the festival. "I took it more like, okay is the universe saying, 'It's going to be warm,' because it's Winterruption. We are bringing artists to bring some warmth."

@caitlinjtaylor



# Tinder heats up hookup culture debate

By Jared Gottselig

Modern hookup culture is more prominent than ever, and with the help of a mobile app called Tinder, casual flings can sometimes be effortless.

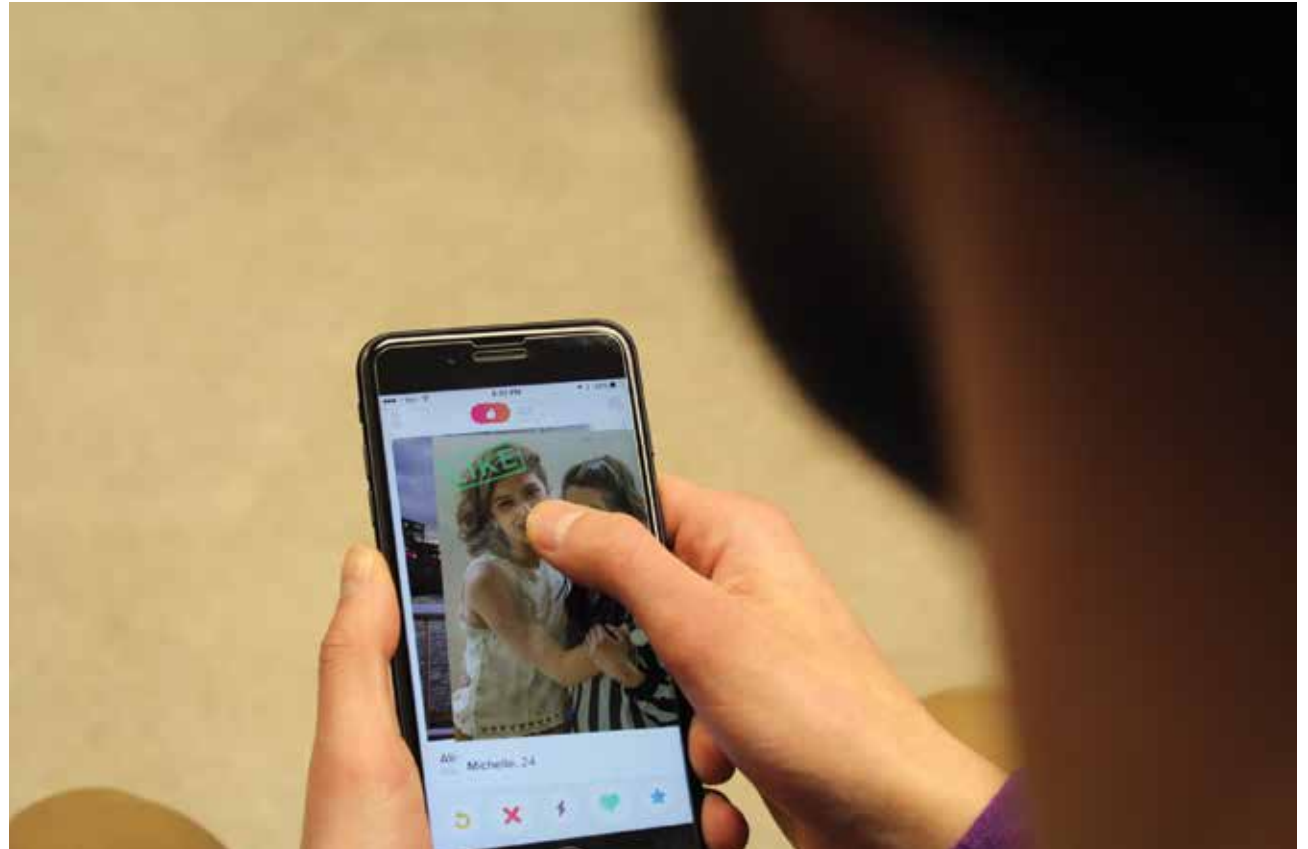
It's well known that nightclubs and bars are a common place for people looking to hook up with someone. It's not unusual to see other patrons attempting to court someone into coming home with them for a one night stand.

Thanks to Tinder, people don't need to meet someone in person to get to know them. Users create a profile consisting of a handful of pictures and a short biography. Afterward, users can view other profiles, and swipe left to say "no," or swipe right to "like" the person's profile. If two people swipe right on each other's profile, they will "match" and then be able to message one another.

Tinder has progressed hookup culture by allowing users to potentially bypass the effort put into courtship by simply messaging their matches online. It can be viewed as lazy, but people still find success taking the online route.

"There's no more work being put into what leads to a hookup. Now, it's just sending a couple messages here and there, and you meet up and have sex," said Ashley Henrion, a Tinder user. "Not all matches lead to hooking up, though. For me, if I have a good connection with someone I'm physically attracted to, I'm going to want to hook up with them."

The ease of hookups through Tinder can be seen as a positive for some, but there is a troubling aspect about the app's user base. Research that Jessica Strübel, PhD, presented to the American Psychology Association showed evidence of a correlation between Tinder's users and low self-esteem. Some use hookups to combat this problem.



Some students at the U of R say Tinder, a matchmaking app, makes it easier to hook up. Photo by Kyrsten Stringer.

"My self-esteem is unstable. One minute I feel like Beyoncé, fierce and hot. The next I'm basically the most unattractive person you could set your

feel like they have something to prove, and can prove it by being able to hook up with multiple people," said Sweatman. "Maybe it makes them feel better

**"There's no more work being put into what leads to a hookup. Now, it's just sending a couple messages here and there, and you meet up and have sex."**

Ashley Henrion

eyes on," Henrion admits. "(Hooking up) is definitely an affirmation thing. I think I look good, and now I know he thinks I look good, too. It's a confidence boost."

Erica Sweatman, who is strictly against hookup culture, believes casual flings are not a constructive way to boost self-esteem. In Sweatman's opinion, those who use hookups for this reason lack self-respect. "Some people

to know that someone is attracted to their body."

Sweatman has also experienced a hookup in her past, but she had a hard time coping with the guilt knowing that she didn't care about who she was intimate with. In her opinion, hookups are disrespectful to both parties. She believes uncommitted intimacy tends to lead to unrequited feelings. "I just don't understand how someone can

be so open to any random person that they don't know on a personal level," Sweatman said.

Unlike Sweatman, Sarah Tollefson holds a neutral perspective on hookup culture despite being in a committed relationship. "I can see that it's probably fun for people who do enjoy it, but I like being with someone I know and trust that I can be with for a long time, especially in the act of intimacy," said Tollefson. "You learn and experience new things together. I believe it's something you do with someone you really care about."

Regardless of the reason why people engage in hookup culture, many find it a thrilling and enjoyable experience. Whether someone is for or against hookups, it's each individual's personal choice to do what satisfies them.

@jgottsel

## Four popular dating apps

### Grindr

Number one gay social network app. Over two million active users with a mission to provide a safe atmosphere free from judgment.

### Plenty of Fish

Free dating app for singles looking for committed relationships. 3.5 million users daily.

### OkCupid

Uses an algorithm to match compatible people. Over a million app installs per week.

### Christian Mingle

Christian-based dating app that connects people of similar faith. Profiles are manually reviewed to ensure users follow Christian values.



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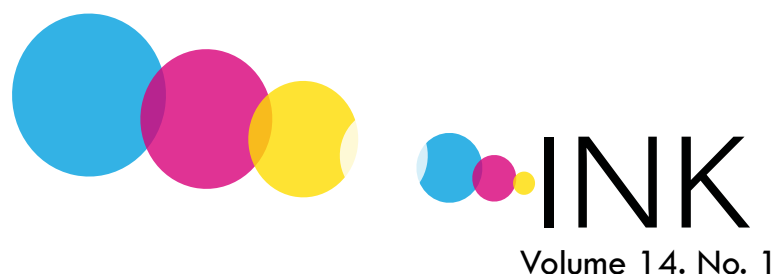
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